SATURDAY, August 13, 2016 – Day 1 7th Annual Medicine of Cycling Conference

7:15 AM Registration

MORNING MODERATOR: Aaron Goldberg, MD

7:50 AM Welcome and Introduction

8:00 AM Overtraining and Underperformance.  Combining Sports Medicine and Sports Science– Kevin Sprouse MD

9:00 AM Medical Coverage of Cycling Events -Keith Borg MD

10:00 AM Break

10:10 AM Unique Sports Medicine Concerns of the Female Cyclist -Gloria Cohen MD

11:10 AM Research Presentations

12:10 PM Lunch

AFTERNOON MODERATOR: Anna Abramson MD

1:30 PM Cardiac Screening in Endurance Athletes -Anne Albers MD

2:30 PM Cardiac Risk of Endurance Training -Anne Albers MD

3:30 PM Adjourn (Final instructions about ride Hyatt 4p, dinner at 7p (carpool 630p))

4:00 PM Group ride - Leaves from Hyatt House Hotel Parking lot

7:00 PM Group Dinner – Sunbird Mountain Grill, 230 Point of the Pines Dr

SUNDAY, August 14th, 2016 – Day 2 7th Annual Medicine of Cycling Conference

MORNING MODERATOR: Mark Greve MD

7:30 AM Registration

8:00 AM Collaborative Evaluation of Cyclists, a Novel Approach: Roll of Bike fit Accommodations in Management– Greg Robidoux PT and Dana Kotler MD

9:00 AM Panel discussion on race safety -Mark Greve MD

10:00 AM Break

10:10 AM Cycling Physiology and Physiological Testing– Inigo San Milan PhD

11:10 AM Carbohydrates and the Endurance Athlete - Inigo San Milan PhD

12:10 PM Break

12:20 PM Protecting Clean Sport: Global Advances in Drug Detection and Deterrence Efforts – Matthew Fedoruk PhD

1:20 PM Adjourn